

SUMMA ED PROCESS PREGNANT PATIENTS THAT PRESENT WITH INFLUENZA LIKE ILLNESS (ILI), COVID 19, PUI

(adopted, in part, from UW Medicine)

Pregnant without ILI, Covid 19. or PUI



Follow already established pregnancy evaluation protocol

Pregnant with ILI, Covid 19, or PUI concerns and without pregnancy concerns



Assess symptoms, comorbidities, and gestational age

Pregnancy with ILI, Covid 19, or PUI concerns (regardless of severity)
AND with pregnancy concerns



Assess symptoms, comorbidities, and gestational age





Mild symptoms

No maternal co-morbidities:
REGARDLESS OF GESATIONAL AGE
DISHARGE TO HOME
No OB consult, No fetal monitoring
Consider starting empiric Tamiflu
Provide patient education for

Mild symptoms AND maternal comorbidities: Discharge home

home isolation guidance

Consider Influenza/Covid 19 testing Consider starting empiric Tamiflu Provide patient education for home isolation guidance

Notify OR and arrange follow up SEVERE SYMPTOMS: regardless of

co-morbidities: Plan for admission.
Consult ID or Covid team

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Consult OB and MFM

>=24 weeks: Consult OB/MFM for admission to PNU, Covid unit, or ICU and fetal monitoring as indicated

<=24 weeks: Consult OB/MFM and admission to Covid unit or ICU. No fetal monitoring required



Regardless of severity of symptoms.

Consult OB: assessment pregnancy concerns to be done in in the ED >= 12 weeks:

Mask patient.
Consult OB
Mild symptoms with or
without co-morbidities:

Assessment of pregnancy concerns to be done in OB triage.

Severe symptoms:

Consult OB or MFM to discuss proper management and ideal location for assessment of OB complaints

Maternal Co-morbidities: (consult MFM if in doubt)

- Immuno-compromised or suppressed: Transplant, inflammatory bowel disease, rheumatologic disease, Prednisone or biologics
- Obesity
- IDDM or poorly controlled DM
- Maternal cardiac disease
- Hypertensive disease in pregnancy requiring medical therapy
- Renal Insufficiency
- Moderate/Severe Respiratory Disease (Asthma, CF)
- Neurologic disease (Parkinsons, ALS, spinal cord injury, seizure disorder, CVA)
- Active Cancer

