

GOOD.	CAUTION!	DANGER!!
<p><b>If you see:</b></p> <ul style="list-style-type: none"> <li>• Easy breathing</li> <li>• Oxygen saturations between ____ - ____</li> <li>• Regular heart rate: _____</li> <li>• Normal temperature: _____ degrees F</li> <li>• Baseline vent setting: _____</li> <li>• Secretions are thin and clear (no color or smell)</li> <li>• Normal suctioning schedule</li> </ul>	<p><b>If you see:</b></p> <ul style="list-style-type: none"> <li>• Noisy breathing, bobbing head, restlessness, harder to breath</li> <li>• Needs more oxygen: _____</li> <li>• Fever: (Over ____ degrees F)</li> <li>• Secretions are thick, yellow, green, bloody or foul smelling</li> <li>• Unable to get trach in; child is <b>not</b> in distress</li> <li>• Food or liquid coming through trach</li> <li>• Any non-life threatening question</li> </ul>	<p>If you see:</p> <ul style="list-style-type: none"> <li>• Not breathing, unconscious or not waking up</li> <li>• Oxygen saturation below _____</li> <li>• Unable to get trach in; child is in distress</li> <li>• Very hard breathing, sinking chest, neck, ribs (retractions)</li> <li>• Flared nostrils</li> <li>• Blue or gray color around the lips, nose, nails or skin</li> <li>• Blood from trach hole (stoma)</li> </ul>
KEEP DOING WHAT YOU ARE DOING. 😊	CALL YOUR DOCTOR OR PULMONOLOGIST!	GET HELP RIGHT AWAY!!
<p><b>Your child's baseline:</b></p> <ul style="list-style-type: none"> <li>• Trach size: _____</li> <li>• Trach cuff: YES NO</li> <li>• Air or sterile water</li> <li>• Volume for trach cuff: _____</li> <li>• Suction depth: _____</li> <li>• Oxygen requirement: _____</li> <li>• Vent settings: _____</li> <li>• Ave. body temp: _____</li> <li>• Ave. respiratory rate: _____</li> <li>• Volume for frequency and color of secretions: _____</li> </ul>	<p>Doctor or Pulmonologist's name: _____</p> <p>Phone number: _____</p> <p>If the doctor's office is closed:</p> <p><b>If in respiratory distress: SUCTION. CHANGE TRACH. BAG</b></p>	<p><b>CALL 911 if any of these things happen;</b></p> <p><b>Start rescue breathing or CPR, as needed</b></p>