

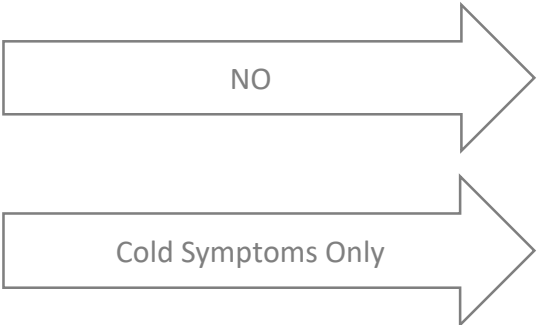
COVID-19 OUTPATIENT ASSESSMENT AND MANAGEMENT

Screen all patients

- When scheduling appointment via phone
- When making appointment reminder calls
- When a patient calls in with COVID-19 concern
- When patient presents to the office

Screening Questions

- Fever $\geq 100.4^{\circ}$ or subjective
- Cough
- Difficulty breathing or shortness of breath
- Sore throat
- Body aches
- Fatigue
- Diarrhea
- Recent travel to high risk area or close contact with suspected or confirmed COVID-19 case



Routine Care

Provide mask and notify provider to determine if patient will be seen or rescheduled

Visitor Policy

- No non-essential visitors
- Limit 1 **essential** visitor per patient (interpreter, caregiver, minor child, etc.)
- Patients asked NOT to bring children
- All patients and visitors entering will receive temperature screening and possible additional screening and instructions as needed
- If you are a nonessential visitor, we kindly ask you remain in your vehicle/outside until the patient's visit is complete



If on the phone

- If pregnant, transfer to RN for further assessment
- If not pregnant, advise patient to call her PCP or (220) 564-4014 if no PCP
- Reschedule appointment, if applicable

If in the office

- Give patient a mask
- Maintain distance of 6 ft. apart
- Mask any visitor with the patient or ask them to wait in their vehicle
- Place in designated private room with door closed (or ask to return to vehicle)
- Apply Droplet/Contact Precautions sign to door
- Notify physician and office manager
- MA or RN to check patient's temperature and pulse ox and document in EMR

Assess Epidemiologic Risk Factors*

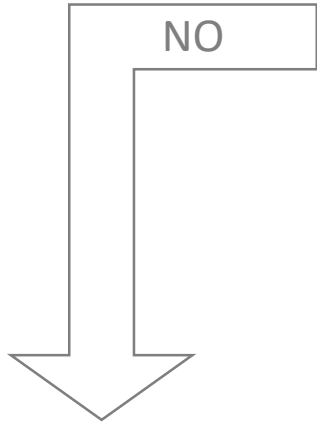
- Extent of COVID-19 [community spread](#)
- Close contact with suspect or laboratory-confirmed COVID-19 patient within 14 days of symptom onset
- History of travel from affected geographic area ([US](#) or [abroad](#)) within 14 days of symptom onset
- Healthcare worker
- Public safety occupation (eg, police, fire, EMS)



Conduct Illness Severity Assessment

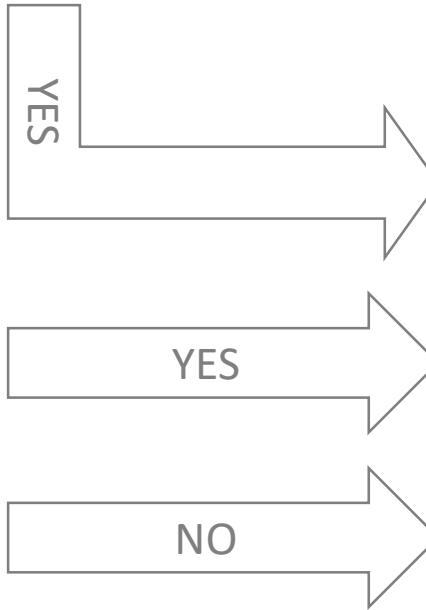
- Does she have difficulty breathing or shortness of breath?
- Does she have difficulty completing a sentence without gasping for air or needing to stop to catch breath frequently when walking across the room?
- Does patient cough more than 1 teaspoon of blood?
- Does she have new pain or pressure in the chest other than pain with coughing?
- Is she unable to keep liquids down?
- Does she show signs of dehydration such as dizziness when standing?
- Is she less responsive than normal or does she become confused when talking to her?

NO



Assess Clinical and Social Risks

- Comorbidities (hypertension, diabetes, asthma, HIV, chronic heart disease, chronic liver disease, chronic lung disease, chronic kidney disease, blood dyscrasia, class III obesity, and people on immunosuppressive medications)
- Obstetric issues (eg, preterm labor)
- Inability to care for self or arrange follow-up if necessary



CDC COVID-19 Testing Criteria- Priorities

Symptomatic with fever and/or symptoms of acute respiratory illness

AND

Epidemiologic risk factor*

OR

High-risk individual (eg, hospitalized, older adults, chronic medical conditions, and/or immunocompromised)

ODH Suggested Testing Criteria: Only test tiers 1, 2, 3

Tier 1- Hospitalized; symptomatic

Tier 2- Healthcare workers at Tier 1 institutions and all individuals in public safety occupations; symptomatic

Tier 3- mild/moderate symptoms and high-risk individual

Tier 4- mild/moderate symptoms and no risk factors for adverse outcomes (NOT CURRENTLY RECOMMENDED)

Tier 5- asymptomatic (NOT CURRENTLY RECOMMENDED)

ELEVATED RISK

MODERATE RISK

LOW RISK

Contact LMHS Infection Prevention if needed at (220) 564-4158

Elevated Risk

- Recommend she immediately seek care in an emergency department or dial 911
- Notify ED at 4151, L&D at 4301, and OB physician on call
- **Report that you are referring a PUI** to minimize the chance of spreading infection to other patients and/or healthcare workers at the facility
- Adhere to local infection control practices including personal protective equipment



- **If respiratory compromise or complications, admit patient** for further evaluation and treatment per Inpatient Maternity COVID-19 Policy
- If NO respiratory compromise or complications, medically stable, and able to follow-up with care, follow protocol for **LOW RISK**

MODERATE RISK

- See patient as soon as possible in an ambulatory setting where she can be isolated and with resources to determine severity of illness.

If meets COVID-19 testing criteria and no acute OB issue:

- Refer to and notify COVID-19 specialty clinic
 - 131 McMillen Dr. (Monday-Friday 12-5pm); Phone ext. 1198 or 1199
 - An on site provider will evaluate patient and order testing if patient meets criteria in context of testing supply shortages
 - Only refer to and notify ED at 4151 if outside specialty clinic hours and you determine patient cannot wait until testing site opens. You must report that you are referring a PUI.

If does NOT meet COVID-19 testing criteria and no acute OB issue:

- Consider referral to PCP or urgent care for influenza testing. Instruct patient to call prior to her arrival.

If any acute OB issue:

- Notify OB physician on call, L&D at 4301, and ED at 4151
- If patient meets criteria for COVID-19 testing, you MUST report that you are referring a PUI
- All OB patients with COVID-19 risk factors and/or symptoms will be assessed in the ED and cleared prior to transfer to L&D

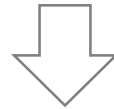


- **If respiratory compromise or complications, admit patient** for further evaluation and treatment per Inpatient Maternity COVID-19 Policy
- If NO respiratory compromise or complications and able to follow-up with care, follow protocol for **LOW RISK**

LOW RISK

- Refer patient for [symptomatic home care](#) including hydration and rest
- Monitor for development of any symptoms above and restart algorithm if new symptoms present
- Routine obstetric precautions

*Consider influenza testing and/or treatment per [ACOG Influenza Algorithm](#)



If patient has mild COVID-19, is a PUI, or is symptomatic with suspected COVID-19 but unable to be tested:

- Advise patient *self-isolate at home* and follow CDC guidelines for [preventing COVID-19 from spreading](#)
- Follow CDC guidelines about when to [discontinue home isolation](#)
- Provide [patient education checklist](#)

If patient has an epidemiologic risk factor but is asymptomatic:

- Advise patient *self-quarantine at home for 14 days*
- Instruct patient to take temperature twice a day and monitor for fever, cough, or trouble breathing
- Provide [patient education checklist](#)